



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Parent Information for Health Services at The YMCA Storer Outdoor School

Our health service practices are shaped by regulations and/or guidelines from entities such as American Camp Association, Association of Camp Nurses, and state of Michigan, Department of Human Services, Camp Licensing Division. Please contact your school or if you have further questions, please contact Health Services at Storer Camps at 517- 536-8607.

### HEALTHCARE PLAN

We partner with you to provide a safe and healthy experience for each student. You know your child's health needs; we know the capabilities of our program. Our healthcare plan is designed to complement the growth and development needs of children and youth within normal parameters.

### HEALTH FORMS

Each health form is reviewed by our Health Officer's prior to and during your child's stay. If we have a question, we will contact you for clarification. We rely on the information you provide to care for your student. Please complete your student's health form thoroughly and return to your school as soon as possible.

### About Camp and Your Child's Health

**We ask that your child be healthy upon arrival** and ready to participate in the OEE experience. If you have questions or concerns contact us! We reserve the right not to admit a person who poses a communicable illness threat.

**Our program has a busy schedule filled with activity.** Students live with eight or more people in a cabin. Prepare your child so these experiences are exciting rather than intimidating.

**Our program expects that students can meet their own personal needs,** can move independently from place to place and are capable of community living in our cabin environment.

**The YMCA Storer Outdoor School is not a therapeutic environment** nor prepared to provide psychiatric support. Please consider these facts when determining if our program is appropriate for your child.

**Community living skills are new for many students.** Your child may appreciate knowing that his or her bedroom will be shared with many other people and everyone sleeps in bunk beds. Talk with your child about picking up personal items, the noises people make when they sleep and whether a top or bottom bunk would be best.

### Healthcare Personnel

Our Health Offices are staffed by Camp Health Officers (CHO) as designated by the American Camp Association. At minimum a CHO has been certified in First Aid Emergency Care, Professional Rescuer CPR/AED, and Blood Borne Pathogens. Each CHO also completes an orientation that includes a review of medical protocols as approved by our camp physician, medication administration, documentation, and caring for our campers.

### Healthcare Facilities

Alligance Hospital, in Jackson is approximately 10 miles away.

### Scope of Service

The scope of service provided by our Health Officers is limited to care of routine illness and injury. We do not have physicians or nurses in residence. We do, however, have medical protocols signed by a physician so care for common problems is available. We stock over-the-counter medications which are dispensed as directed in our protocols. Your student will be referred to the local medical community when need is beyond the scope of our care.

### YMCA STORER CAMPS

Traditional Summer Camp | The Storer Outdoor School | Specialty Programs & Group Retreats  
6941 Stony Lake Rd, Jackson MI 49201

P 517 536 8607 F 517 536 4922 [ymcastorer camps.org](http://ymcastorer camps.org)



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### **Treatment of Chronic Health Concerns**

We expect children with chronic health concerns (i.e. asthma, allergies, diabetes) to be capable self-managers and to bring the supplies they need to manage their diagnosis. Because treatment modalities vary, our Health Officers rely on your student's familiarity with and ability to do their own treatments. Our Health Officers will provide general oversight and partner with your student to follow individual treatment plans and/or strategies to facilitate your student's care.

### **Asthma, Diabetes, Anaphylaxis Forms**

Use the appropriate form to tell us about your child's treatment plan. Special forms have been developed for asthma, diabetes, and anaphylaxis. These forms can be requested from your school or downloaded from our website at <http://www.ymcastorcamps.org/who-we-are/download-resources/>

### **MEDICATION**

All medication, with the exception of some inhalers and Epi-Pens are collected by the teachers at the school before departure. Once at camp, all medication is required by state law to be kept locked in the Health Center with the exception of emergency medication. The Health Officer distributes daily medication at routine times and maintains office hours during which medication is available.

#### **If You are Sending Medication with Your Student:**

- Send enough for your child's entire stay.
- Each medication must come in its original and appropriately labeled bottle/container, including vitamins and other nutritional supplements.
- Place the medications in a zip lock bag with your child's full name and the name of your school.
- Do not mix medications.
- Do not presort medications into a daily medication box or container.
- Use the health form to record the medication and explain why your child is using the medication.
- Our health officers expect that medication indicated on the health form will arrive with the student. If a medication status changes, notify us in writing of that change.

#### **State Law mandates that Prescription Medication:**

- Must come in a pharmacy container with a legible label in the student's name.
- Must be labeled with the student's name, the name of the medication and current instructions for administration.

**NOTE: State Law also requires that Health Offices must follow labeled directions. If there is a change to your student's medication, make sure label correctly reflects that change, or please have your healthcare provider write a new prescription with the change of dosing and send that with your child. It must be signed and dated by the healthcare provider.**

#### **Over the Counter Medication:**

- Must come in its original container with a legible label.
- Must have the student's first and last name clearly written in indelible ink on the container but in a place which does not obscure label information.
- Must be appropriate to the age of the child with the proper dosing information.
- If different, please send your healthcare provider's instructions, signed and dated by him/her.

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### **Methods for Treating Common Problems**

We are sensitive to the fact that there are different ways to treat common health problems. If your child is susceptible to sore throats, headaches, and/or upset stomach, and you have identified a treatment to which your child responds, please share that information with us by writing it on the health form. We may not be able to provide exactly the same treatment, but we will complement it as our regulatory agencies and laws allow.

### **Insulin and Other Injections**

We expect that students who use injectables (e.g. insulin injections, growth hormone shots) are capable of doing their own injection. **Our Health Officers are not permitted to administer injections.** Refrigeration, a sharps container and alcohol preps are available. Please send all of your student's medication and the necessary syringes with them to camp.

### **Immunizations**

Immunizations, (especially an up-to-date tetanus inoculation) are important because your student will be outdoors and in close proximity to other program participants. We recommend that students are immunized; however, our program also recognizes that some choose not to immunize their children for various reasons. Please attach appropriate documentation to your child's health form if this is your position.

### **Communicable Disease**

Please notify your school and Health Services at The YMCA Storer Outdoor School if your child is exposed to a communicable illness within the three weeks prior to arriving at camp. We are especially concerned about chicken pox, mumps, sore throat, colds and flu.

### **Head Lice or Nits**

Because our program has a "no nits" policy, if a child is found to have nits once they are at camp, you will be contacted to pick up your child per our medical protocols. In addition, please instruct your student not to share items such as brushes, hats, pillows, hair ties and clothing with other people.

### **COMMUNICATING HEALTH ISSUES WITH PARENTS AND GUARDIANS**

Our Health Officers and the teachers from your school will make due diligence to contact you by phone if your child has need for out-of-camp health care. The phone numbers you provide on your student's health form will be used. Please make sure that we know how to reach you at all times during your child's stay. We generally do not contact you if your child is seen in the Health Center for routine problems (e.g. skinned knee, sore throat, bee sting, headache, upset stomach). We will call if we have questions determined on a case-by-case basis by the Health Officer. If you would like us to do something different, attach a letter to your child's health form explaining your alternate plan. A child's usual response when not feeling well is to tell the parent or guardian. Sometimes children at camp react the same way – they write a letter telling you how they feel and may not consider telling their cabin leader or our Health Officers. Talk with your child and explain that the cabin leaders, teachers, and Health Officers are there to help.

- Please instruct your student to tell these people about their needs so care can be provided...because we care!!

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