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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA STORER CAMPS

POLICIES & PROCEDURES SUMMER 2021

APRIL 8, 2021

CAMP CATCH-A-RAINBOW MANUAL



Table of Contents

OVERNIGHT CAMP	3
OVERVIEW	4
PRE CAMP COMMUNICATIONS	4
PRE CAMP HEALTH SCREENING	4
COVID-19 TESTING BEFORE CAMP	5
CHECK-IN	5
WALKING TO CABIN	5
FACILITY CHANGES	5
SOCIAL DISTANCING	6
BATHROOMS AND DRINKING FOUNTAINS	6
HOUSING	6
DAILY CABIN PROCEDURES	6
DINING HALL	7
VISITORS	7
WEARING MASKS	7
CHECK-OUT	7
MED HUT	8
ONGOING HEALTH SCREENINGS	9
SUSPECTED AND POSITIVE COVID-19 CASES	9
CARE FOR SUSPECTED OR POSITIVE COVID-19 CASES FOR VOLUNTEER/STAFF	10
RETURN TO CAMP/WORK	10
EMERGENCIES	10
FIRST AID	11
MEDICATION ADMINISTRATION	11
BORROWED ITEMS & LOST AND FOUND	11
LAUNDRY	11
ACTIVITY AREAS	12
PROGRAMMING	13
HORSE BARNs (NORTH & RANCH)	13
OUTDOOR COOKING	13
KAYAKING/PADDLING	14
ARTS AND CRAFTS	14
TARGET SPORTS	14
CLIMBING TOWERS	14
SPORTS	15
NATURE CENTER	15
FISHING	15
AGILITY CENTER	15
SMALL ANIMAL LEARNING CENTER	15
SWIMMING	15
VOLUNTEERS	16
PRE-CAMP	17
VOLUNTEER TRAINING	17
VOLUNTEER SOCIAL DISTANCING	17
TIME OFF	17

A large, stylized purple graphic on the right side of the page, consisting of a vertical bar with rounded corners and a large, curved cutout on the left side, resembling a stylized letter 'C' or a partial circle. The purple has a gradient from a lighter shade at the top to a darker shade at the bottom.

OVERNIGHT CAMP

POLICIES & PROCEDURES

OVERNIGHT CAMP

OVERVIEW

Camp Catch-A-Rainbow is a core program of YMCA Storer Camps, a year-round camp offering various programming including Overnight Summer Camp. The policies outlined in this document are based on YMCA Storer Camps' Summer 2021 Overnight Summer Camp program with modifications made to address specific needs of the Camp Catch-A-Rainbow program. Any mention of YMCA Storer Camps refers to ALL programming that takes place on the campgrounds, including Camp Catch-A-Rainbow.

Summer 2021 will offer both in-person and virtual programs for Camp Catch-A-Rainbow. For in-person programming, we will be following guidelines and recommendations from the Centers for Disease Control and Prevention, State of Michigan Health Department, American Camp Association and Childrens' Oncology Camping Association.

- YMCA Storer Camps recognizes that COVID-19 is a new disease, and as such, information regarding the disease and mitigation practices may be updated in this document.
- To provide a safe environment for program participants, volunteers and staff, mitigation practices will be put into place that all guests and staff on camp must abide by.
- With this in mind, Camp Catch-A-Rainbow Summer 2021 will run in-person programming but with limited capacities of both campers and volunteers.

PRE CAMP COMMUNICATIONS

- Prior to Check-In, campers and parents/guardians will be invited to join a Zoom call with camp staff.
- During the call, camp staff will go over mail procedures, check-in day procedures and what to expect at Camp Catch-A-Rainbow this summer. (This may also be a video message ahead of time).

PRE CAMP HEALTH SCREENING

- Families will be asked to self-monitor and conduct the following pre-screening activities for 14 days before arrival to camp
 - Camper's temperature taken daily.
 - Self-screen for the presence of COVID-19 symptoms: fever of at least 100.0°F, dry cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.
 - Inform YMCA Storer Camps if the camper has been in close contact with a person who has been diagnosed with, tested for, or quarantined as a result of COVID-19.
- Campers who exhibit any one of these bullet points will be asked to stay home.
- Families and campers will be asked to limit large group activities (especially indoors) prior to camp.
- Parents/guardians of campers with underlying medical conditions will consult their child's medical provider to assess their risk and determine if camp is an appropriate fit for their child this summer. Camp staff and medical volunteers may contact a camper's medical provider to consult if attendance at camp will be safe for the camper.

COVID-19 TESTING BEFORE CAMP

- All campers (“participants”) will be administered a COVID-19 rapid test upon arrival at camp. Tests will be administered in participant’s vehicles. Once a negative test has been confirmed, the participant will be allowed to enter the campground.
- If a test is positive, the participant will not be allowed to remain at camp. They will be able to return if presenting evidence of a negative COVID-19 laboratory test.

CHECK-IN

- Only one adult will be allowed at check-in with the camper. We ask that no additional members travel with the camper to camp. Both camper and adult must wear a facial mask.
- YMCA Storer Camps staff will be welcoming camper families in the parking lot and directing campers and their one adult where to go for check-in.
- Campers will be met by a staff member (in mask and gloves) on the sidewalk on the East entrance of Malachi Dining Hall. Campers and their guardian will have their temperature checked. If campers’ temperature is over 99.0°F (per YMCA Storer Camps Policies and Procedures), staff will call a director to recheck. If, after the second check, their temperature is still over 99.0°F, the camper cannot stay at camp. If the adult/guardian has a temperature over 99.0°F, the camper will need to be checked in by a staff member and the guardian is asked to leave.
 - Campers will visit the health screening table outside to take temperatures and this temperature is logged. Additional COVID-19 screening questions will be asked at this time.
- Campers will proceed into the dining hall; Storer staff will check if the COVID-19 waiver has been signed prior to arrival. If not, parent/guardian will be asked to sign the waiver. When this is complete, campers will continue with the remaining check-in processes and lice check. The guardian of the camper may drop any mail for them there and ask camp staff additional questions at this point.
- Medication will be handed in and recorded by the medical volunteers in the dining hall and they will bring it to the health office(s).

WALKING TO CABIN

- Campers will be walked to designated cabin areas by camp staff (wearing facial mask).
- We ask that family members do not walk past Malachi Dining Hall.

FACILITY CHANGES

- Increased hand sanitizer stations at activity areas (climbing tower, basketball courts, gaga courts, natural play area, archery and Keri’s Cove)
- Hand sanitizer will be available in each sleeping area.
- Hand washing stations have been added to the exterior of the Malachi, North Barn and Frontier Lodge.
- Signage will be posted in high traffic areas to encourage distancing and the use of facial masks where appropriate.

SOCIAL DISTANCING

- Each cabin unit will get one table in the dining area that will be their assigned table for the week.
- Campers will be asked to space in their cabin bunks so that they are not placing their heads next to each other.
- Counselors will assign beds to use in that session. All campers and volunteers will use their own bunk for the week. There will be no sharing of top and bottom bunks.
- Campers will only be allowed on their own beds.
- Campers will only be allowed to enter their own cabin.

BATHROOMS AND DRINKING FOUNTAINS

- Campers in will be encouraged to use their cabin bathrooms, not communal bathrooms.
- Counselors will sanitize the dining hall or other determined common space bathrooms after their cabin use.
- Garbage can lids will be removed in all camp locations to prevent the need to push open to dispose of trash.
- Bathroom Procedures:
 - All bathrooms in camp are cleaned daily by our housekeeping staff. In addition, the Storer Staff and Volunteers will clean high use/touch areas multiple times each day.
 - Number of campers in the bathroom at one time will be limited.
 - Health Center Bathrooms: Will be used by cabins only when necessary. Will be sanitized between cabin use.
- Drinking fountains will only be used for filling water bottles or cups. Spigot will be unavailable.

HOUSING

- Searles, Kresge and Fellowship Lodges plus NetZero will be used as camper housing. Each cabin will have no more than five campers plus one volunteer cabin counselor and one medical volunteer.
- Each camper and volunteer will have their own bunk – no sharing of bunks. Campers will have the opportunity to request up to two cabin mates upon registration.
- Lodges will be mixed gender with similar age groups (there are four cabins with in each lodge, and each cabin will be gender specific.). Two of the four cabins will operate as a “cohort” through the week where they will be participating in activities together. Cohorts will only interact with each other outside of their lodge units and must wear face masks at anytime they are inside together (e.g. visiting the reptiles at the Nature Center).

DAILY CABIN PROCEDURES

- Campers will sanitize their hands upon entering cabin.
- Campers, Volunteers and Staff are expected to shower, change clothes daily.
- Restrooms will be cleaned and sanitized daily by our housekeeping staff.

DINING HALL

- Every Cabin will be assigned their own table for the week.
- As weather allows, all meals will be eaten outside underneath large canopy tents. If the weather does not allow, tables will be arranged inside to space cabins apart. When not eating, masks will be required to be worn if inside.
- Meals will be served family style with each table having their own tray of food to serve to all seated participants.
- There will be no salad bar available, but options will be available for participants with dietary needs through our kitchen.

VISITORS

- Non-essential visitors to YMCA Storer Camps will not be permitted. This includes parents/guardians.
- We will not be permitting third-party entertainment groups, donors or tours of camp during the week.

WEARING MASKS

- Per CDC guidelines, a facial mask is required to be worn by all camp participants (campers, volunteers and staff). A neck gaiter, bandana or any other object is not considered a facial mask.
- Families must provide campers clearly marked facial mask with their name. It is recommended that campers have one facial covering for each day of camp.
- Masks will be worn at Check-In, when cabin groups are indoors for an extended period of time, if near another group and social distancing is not possible or if identified in a health screening that they are not feeling well.
- Volunteers and staff will follow the same guidelines with few exceptions.
- Staff that interact with multiple groups will be required to wear masks at all times except for eating.

CHECK-OUT

- Campers will be checked out via a Drive-Thru at Malachi Dining Hall.
- Volunteers and Staff (in mask and gloves) will retrieve the camper from their designed area and bring them to their parent/guardian.
- Malachi restrooms will be accessible using the side door by the east entrance. Parents/Guardians will need to have a facial mask to enter Malachi. A staff will be assigned to sanitize bathrooms during check-out. To reduce the number of guests in our bathrooms, we ask that only adult pick up their camper.
- There will not be an end-of-camp video premiere. The final video will be distributed to camper adult emails following the conclusion of camp.



MED HUT

POLICIES & PROCEDURES

Med Hut

ONGOING HEALTH SCREENINGS

- Health screenings will be conducted twice daily – before breakfast and before dinner – and will consist of a temperature and COVID-19 symptoms check.
- Volunteers and Staff will wear masks during screening.
- Individuals will be given a face mask & follow Suspected COVID-19 Case procedures if:
 - If a camper or staff presents with a fever of at least 99.0° or primary symptoms of COVID-19: dry cough, shortness of breath or difficulty breathing they will be treated as a suspected case (see below).
 - Additional symptoms associated with COVID-19 will be monitored on a case-by-case basis.

SUSPECTED AND POSITIVE COVID-19 CASES

If a camper, volunteer or staff member is identified as having a potential or confirmed case of COVID-19, the individual will don a face covering and isolate in a location identified in camp's Communicable Disease Plan. (CDP)

- Determine if a camper or volunteer/staff warrants immediate clinical evaluation due to symptoms including but not limited to: trouble breathing, persistent pain or pressure in the chest, confused mental state, inability to wake or stay awake, bluish lips or face (per the Centers for Disease Control & Prevention). If yes, CALL 911.
- If the camper does not require immediate clinical evaluation, individual will be isolated; parents/guardians will be called to make transportation home arrangements.
- If the volunteer/staff member does not require immediate clinical evaluation, isolate the individual and arrange for the staff member to be tested for COVID-19.
- Make arrangements to have the person's belongings moved.
- Person's sleeping area and lodging unit will be sanitized thoroughly.
- Notify appropriate State and local health officials.
- Staff will develop a list of individuals the camper/staff has been in contact with.
- Families of all campers currently attending will be notified if there is a suspected and/or positive COVID-19 case on Storer Camps properties.

CARE FOR SUSPECTED OR POSITIVE COVID-19 CASES FOR VOLUNTEER/STAFF

- Determine if volunteer/staff can return home for care.
- If not able to return home:
 - Follow CDC Interim Guidance for Implementing Home Care of People Not Requiring Hospitalization for Coronavirus Disease 2019 (COVID-19): <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-home-care.html>
 - Health staff will wear an N95 respirator or face covering, a face shield or other eye protection, disposable gloves, and a disposable gown (if conducting aerosol generating procedures) while working with individuals who have a suspected case of COVID-19.

RETURN TO CAMP/WORK

Individuals who were exposed to or tested positive for COVID-19 must follow guidance from their doctor and local health department. CDC guidelines include:

- Persons known to have been exposed to an individual with a positive COVID-19 diagnosis should quarantine for 14 days after exposure based on the time it takes to develop illness if infected.
- Campers sent home due to suspected COVID-19 symptoms can return to camp under the following conditions:
 - Temperature below 99.0° for at least 72 hours without the use of fever-reducing medications.
 - Improvement in respiratory symptoms (e.g., cough, shortness of breath), and
 - Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected at least 24 hours apart, for a total of TWO negative specimens.
- Volunteers/Staff isolating due to suspected COVID-19 symptoms or who test positive for COVID-19 can return to work under the following conditions:
 - Temperature below 99.0° for at least 72 hours without the use of fever-reducing medications and
 - Improvement in respiratory symptoms (e.g., cough, shortness of breath), and
 - Negative results of an FDA Emergency Use Authorized COVID-19 molecular assay for detection of SARS-CoV-2 RNA from at least two consecutive respiratory specimens collected at least 24 hours apart, for a total of TWO negative specimens.

EMERGENCIES

- Staff will continue to follow protocols per their CPR training (ASHI, Red Cross, etc.) including using breathing barriers (CPR mask, BVM) during CPR and rescue breathing.
- If uncomfortable or a breathing barrier is unavailable, staff will provide compression-only CPR until EMS arrives.

FIRST AID

- The Med Hut will operate a mobile first aid golf cart with health staff wearing gloves and masks.
 - Items (i.e. tweezers) will be sanitized between uses.
- Campers will only enter the Med Hut when absolutely necessary with one buddy while their counselor and their cabin social distances outside.
- If a camper requires a stay in the Med Hut for a prolonged period of time for non-COVID-19 related symptoms (i.e. migraine, pink eye, lice), they will rest in the bunk room of the Med Hut until they are picked up or able to return to activities.
- If a camper has symptoms of COVID-19, see Suspected COVID-19 Case procedures.
- If a camper needs to go to urgent care for non-COVID-19 symptoms (i.e. potentially broken wrist, wound that needs stitches), staff and campers will wear disposable gloves & masks in the vehicle and will sit in the same seats to and from urgent care. The vehicle will be sanitized after use. Volunteers will remain on camp.

MEDICATION ADMINISTRATION

Camper Medications:

- Medications will continue to be stored and locked in the Med Hut.
 - Campers will line up outside 6 ft apart and will receive their medication through the Med Hut window.
 - The rest of the cabin will wait on the field (staying clear of the Health Center door and keeping at least 6 ft away from other cabin groups)
 - Staff will wear face coverings and sanitize hands with 60% alcohol based sanitizer between individuals.

BORROWED ITEMS & LOST AND FOUND

- Borrowed items will be selected and handed to campers by a staff member wearing gloves. As soon as an item is given to a camper, it will be washed (i.e. clothing) or sanitized (i.e. flashlights, shoes) before being put back into circulation.
- Lost and Found items of importance (i.e. sleeping bags, backpacks, etc.) will be held for 1 week after the end of Camp Catch-A-Rainbow after which it will be donated or thrown away.
 - Items such as art projects, undergarments, socks, towels, etc. will be thrown away immediately at the end of Camp Catch-A-Rainbow.

LAUNDRY

- In general, volunteers and staff should avoid handling campers' belongings. If handling of campers' belongings is needed, gloves should be worn. If gloves are unavailable, staff should perform hand hygiene immediately before and after handling campers' belongings. Face coverings or safety glasses are also recommended when doing laundry.



ACTIVITY AREAS

POLICIES & PROCEDURES

PROGRAMMING

- The following recommendations have been put forward by the American Camp Association, State of Michigan Health Department, Centers for Disease Control and Prevention and the Childrens' Oncology Camping Association.
- Campers will travel with their cohort group throughout the week without mixing groups. Activities will be scheduled out for each cohort prior to the week of CCAR.
 - Exceptions will be "Cohort Choices" that are placed in the schedule where a cohort can choose from a list of activities which they would like to do during that activity period. These choices will be made at least one day prior to accommodate scheduling/supply needs.
- Activities will be led by YMCA Storer Camps staff who are specially trained in that activity.

ACTIVITY AREAS

Note: Each activity, gathering place and cabin will have a daily checklist posted of what needs to be cleaned and when. When all has been physically checked off, the staff member will initial with date and time.

HORSE BARN (NORTH & RANCH)

- Campers will wash hands at hand washing station prior to entering barn.
- Campers will wear long pants and closed-toe shoes.
- Staff with gloves will helmet each child.
- Campers will observe pre-riding instructions, sitting at least 6 feet apart.
- No more than 7 campers in an arena.
- Due to the nature of horseback riding, campers should never be closer than 6 feet to each other while riding.
- After each ride, helmets will be sanitized.
- After each ride, reins and saddles will be wiped down with sanitizer.
- Campers will wash hands immediately upon leaving the barn.
- End-of-the-day cleaning procedures will include disinfecting all commonly touched surfaces (i.e. door handles), horsemanship equipment (i.e. manure forks, brushes) and tack (i.e. halters, bridles, lead ropes).
- WE WILL NOT BE OFFERING HORSE LESSONS - BOTH 1 AND 2 HOUR - TO PREVENT TH MIXING OF CABIN GROUPS. Campers will have an opportunity to ride during the week with their cabin.

OUTDOOR COOKING

- Campers will wash hands before using any equipment.
- Each group will have their own unique meal prepped.
- All equipment used will be washed after the meal.
- Any items coming out of the kitchen will be handled by one staff member or a kitchen staff member to limit access.

KAYAKING/PADDLING

- Keri's Cove will be equipped with its own checklist of step-by-step cleaning instructions to be checked off by staff. Gloves will be provided for staff disinfecting equipment.
- 'USED' equipment will be separated into a separate area for cleaning in between uses. Personal Flotation Devices (PFDs) will be disinfected and dried for 10 minutes before moved to the 'CLEAN' area.
- Paddles will be separated into 'USED' and 'CLEAN' bins. 'USED' paddles will be sanitized and dried for 10 minutes prior to reuse or movement to the 'CLEAN' bins
- Boats will be wiped down at the end of each activity time with sanitizer.
- Boating times will be staggered so that there are no activity times back-to-back giving staff time to thoroughly clean equipment.

ARTS AND CRAFTS

- Campers will wash their hands in the Studio sink before starting any activities.
- Additional table and seating will be placed outside the Arts & Crafts area. Seating will be spaced out 6 feet apart.
- Staff will bring materials to campers in gloves; campers will not be allowed to grab their own supplies. Available supplies will be laid out in a designated area so campers can easily ask for supplies.
- Any tool used must be cleaned between use (example: scissors). Tools will be placed in the 'USED' bin and be transferred to the 'CLEAN' bin after sanitized.
- Tables, chairs and spaces will be wiped down between uses.

TARGET SPORTS

- Campers will sanitize their hands upon arrival and exit.
- Campers will be spread out at the shooting range benches. Each target will only have one archer shooting at it per round.
- Each camper will be using assigned arrows through the entire activity session. At the end of each session, arrows will be placed in the 'USED' bucket and be sanitized.
- Camp staff will sanitize bows, arrows and pellet guns after use.
- Before equipment is put away for the day, camp staff will do additional sanitation, benches will be wiped down.

CLIMBING TOWERS

- All participants will wash their hands before activity.
- All staff will sanitize their hands between each participant.
- After equipment is used, it will be placed in a 'USED' bin. The equipment will be sanitized and not used again until dry.
- Staff will single belay all participants (no team belay method).
- All participants wash their hands after the activity.
- Ropes will be sanitized with cleaner at the end of each day by camp staff.

SPORTS

- All campers and staff will wash their hands before and after activity sessions.
- Basketball Court and Gaga Pits will have portable hand sanitizer stations.
- Campers will sanitize their hands after each activity.
- All sports will be conducted only between members of each cabin.
- Balls will be sanitized by camp staff after each use.

NATURE CENTER

- Campers will wash hands prior to entering the Nature Center.
- Campers will sit 6 feet apart during instruction.
- Only 10 campers will be allowed in each section of the Nature Center at a time.
- Staff will place animals in viewing containers. Animals will be placed in both the lower room and upper room in order to keep ensure proper spacing.
- Weather permitting, animals will be brought outside to view.
- Campers will wash hands prior to leaving the Nature Center.

FISHING

- Campers will sanitize their hands upon arrival.
- Staff will bait hooks (with gloves on).
- Campers will stand 6 feet apart on dock and shore.
- Staff will sanitize poles between uses.

AGILITY CENTER

- Campers will sanitize hands before and after playing on equipment.
- Staff will wipe down swings, climbing equipment and playground tunnel at the end of the day.

SMALL ANIMAL LEARNING CENTER

- Campers will wash hands prior to entering animal enclosures.
- Only staff will open and close animal gates.
- Campers will wash their hands after leaving.

SWIMMING

- Swim schedules will allow for smaller groups at the waterfront at any time.
- Cabins will utilize separate benches for placement of towels, shoes, clothes, etc.
- Water toys and any other commonly touched equipment will be sanitized between groups.



VOLUNTEERS

PRE-CAMP

- **Volunteers will be expected to follow the guidelines outlined in “PRE-CAMP HEALTH SCREENING”. If these guidelines are not followed, volunteers will not be allowed on camp property.**
- **Volunteers will be required to be fully vaccinated with the Moderna, Pfizer or Johnson & Johnson COVID-19 vaccination. A copy of the volunteer’s vaccination card will be required to submit to camp.**
 - **Few exceptions will be made for volunteers who are not vaccinated. A consultation with camp staff will determine if a volunteer is able to attend who is not vaccinated.**

VOLUNTEER TRAINING

- **Volunteers will be led by Full-Time Staff camp leadership team.**
- **Volunteers will be trained on the appropriate use of PPE as it relates to summer camp.**
- **Volunteers will be training on proper cleaning responsibilities for them and campers.**
- **Facial coverings will be worn by volunteers and staff during any indoor training sessions.**

VOLUNTEER SOCIAL DISTANCING

- **Volunteers will only be allowed to enter their assigned cabin. Cohorts do not count as an assigned cabin meaning cohort volunteers are not allowed to enter the other cabin which is part of their cohort. An exception will be made for medical volunteers who may need to enter into a cabin if deemed necessary.**
- **Facial coverings must be worn at all times when indoors (exceptions are during meals and sleeping) and when activity spaces are shared with another cabin group and 6ft of distancing cannot be maintained.**
- **All logistical volunteers not assigned a cabin must wear a mask at all times when interacting with campers regardless of indoor or outdoor setting.**

TIME OFF

- **Volunteers are required to stay on camp from the start of training to the conclusion of CCAR. Should a volunteer require to leave camp during the week, they will be unable to return until showing proof of a negative COVID-19 test during their absence.**
- **Once each day, volunteers will be given a one hour break while their cabin is dropped of at an activity station with YMCA Storer Camps Staff.**
 - **This time can be used to return to the cabin for showers, personal calls or rest. Volunteers will not be permitted to mix with other cabin groups during their hour off.**